



**ANDERSON**  
ERGONOMICS CONSULTING INC.



## Office Ergonomics Services

Anderson Ergonomics Consulting knows how much you value good service and we want to ensure that all of your Ergonomic needs are met. Anderson Ergonomics hires only Canadian Certified Professional Ergonomists (CCPEs) or fully qualified individuals and we have a combined experience of over 50 years in the field of Ergonomics.

### Office Ergonomic Assessments

#### Individual Ergonomic Assessments (Reactive or Injury)

Generally provided **when only a few individuals** require assessments and/or they have some injuries that need special attention. These take between 45 - 60 minutes each and provide individualized instruction on best work postures and methods to the employee as well as helping them change their workstation to ensure they are most comfortable.

#### Check-Ups (Group Ergonomic Assessments - Proactive)

This type of assessment works well **where many individuals** are wanting an assessment. They may or may not follow the Ergonomics for the Desk-Bound seminar where they are trained initially in a group setting. An Anderson Ergonomics Consultant will spend 15-20 minutes with each employee to help them set up their workstation. Changes are made immediately and further recommendations are identified. Options for reports include an individual summarized 2 page "basic report" or a "Summary report", only summarizing further recommendations. \*\* need group of at least 5 for these.

#### Follow up Assessment

If someone receives a new chair or piece of equipment, it is recommended that a follow up visit be conducted to ensure they have it set up correctly or are using it properly. This can be done by someone at the client site, if they are comfortable. One of our consultants can also drop by for a quick visit to ensure the assessment has been successful in reducing the employee's issues. This takes 15-30 minutes and we will endeavour to combine it with another assessment, either at that client or another one in close proximity, to keep costs low.